



LIFE JUST GOT EASIER

When life throws you curve balls, your Anthem Employee Assistance Program (EAP) is here to help you balance your life like a pro.

We're all ears. Sometimes meeting face to face with a professional is the best way to resolve a personal, financial or emotional issue. Your EAP provides you and eligible family members with a confidential and user-friendly resource for life management concerns such as:

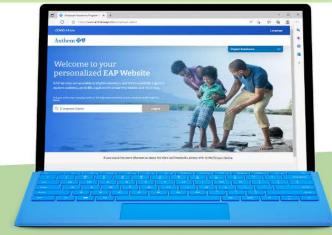
- Emotional and mental health well-being
- · Maintaining a healthy life style
- Successful communication
- · Alcohol and drug abuse
- Relationship issues
- Legal concerns
- Financial concerns
- · Dependent adult care
- Childcare needs
- Everyday concerns and resources

Call **1-800-346-5484** to get started! If you are in need of immediate counseling, please mention that you need "In the moment support".

Visit **AnthemEAP.com** and click EAP Member Login to learn about all the things your EAP can do for you.

(Company Name: City of Franklin Stand Alone)

Anthem EAP provides a total of **four free sessions** to ALL employees, dependents, and any household members.





1-800-346-5484 AnthemEAP.com

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